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Short Papers

Towards Understanding Convergence and Generalization of AdamW

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Abstract—AdamW modifies Adam by adding a decoupled weight decay to decay network weights per training iteration. For adaptive algorithms, this decoupled weight decay does not affect specific optimization steps, and differs from the widely used ℓ_2 -regularizer which changes optimization steps via changing the first- and second-order gradient moments. Despite its great practical success, for AdamW, its convergence behavior and generalization improvement over Adam and ℓ_2 -regularized Adam (ℓ_2 -Adam) remain absent yet. To solve this issue, we prove the convergence of AdamW and justify its generalization advantages over Adam and ℓ_2 -Adam. Specifically, AdamW provably converges but minimizes a dynamically regularized loss that combines vanilla loss and a dynamical regularization induced by decoupled weight decay, thus yielding different behaviors with Adam and ℓ_2 -Adam. Moreover, on both general nonconvex problems and PL-conditioned problems, we establish stochastic gradient complexity of AdamW to find a stationary point. Such complexity is also applicable to Adam and ℓ_2 -Adam, and improves their previously known complexity, especially for over-parametrized networks. Besides, we prove that AdamW enjoys smaller generalization errors than Adam and ℓ_2 -Adam from the Bayesian posterior aspect. This result, for the first time, explicitly reveals the benefits of decoupled weight decay in AdamW. Experimental results validate our theory.

Index Terms—Adaptive gradient algorithms, analysis of AdamW, convergence of AdamW, generalization of AdamW.

I. INTRODUCTION

Adaptive gradient algorithms, e.g., Adam [1], have become the most popular optimizers to train deep networks because of their faster convergence speed than SGD [2], with many successful applications in computer vision [3], [4] and natural language processing [5], etc. Similar to the precondition in the second-order algorithms [6], adaptive algorithms precondition the landscape curvature of loss objective to

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adjust the learning rate for each gradient coordinate. This precondition often helps these adaptive algorithms achieve faster convergence speed than their non-adaptive counterparts, e.g., SGD which uses a single learning rate for all gradient coordinates. Unfortunately, this precondition also brings negative effect. That is, adaptive algorithms usually suffer from worse generalization performance than SGD [7], [8], [9], [10].

As a leading adaptive gradient approach, AdamW [11] greatly improves the generalization performance of adaptive algorithms on vision transformers (ViTs) [12] and CNNs [13], [14]. The core of AdamW is a decoupled weight decay. Specifically, AdamW uses an exponential moving average to estimate the first-order moment \mathbf{m}_k and second-order moment \mathbf{n}_k like Adam, and then updates network weights $\mathbf{x}_{k+1} = \mathbf{x}_k - \eta \mathbf{m}_k / \sqrt{\mathbf{n}_k + \delta} - \eta \lambda_k \mathbf{x}_k$ with a learning rate η , a weight decay parameter λ_k , and a small constant δ . One can observe that AdamW decouples the weight decay from the optimization steps w.r.t. the loss function, since the weight decay is always $-\eta \lambda_k \mathbf{x}_k$ no matter what the loss and optimization step are. This decoupled weight decay becomes ℓ_2 -regularization for SGD, but differs from ℓ_2 -regularization for adaptive algorithms. Thanks to its effectiveness, AdamW has been widely used in network training. But there remain many mysteries about AdamW yet. Firstly, it is not clear whether AdamW can theoretically converge or not, and if yes, what convergence rate it can achieve. Moreover, for the generalization superiority of AdamW over the widely used Adam and ℓ_2 -regularized Adam (ℓ_2 -Adam), the theoretical reasons are rarely investigated though heavily desired.

Contributions: To resolve these issues, we provide a new viewpoint to understand the convergence and generalization behaviors of AdamW. Particularly, we theoretically prove the convergence of AdamW, and also justify its superior generalization to (ℓ_2)-Adam. Our main contributions are highlighted below.

Firstly, we prove that AdamW can converge but minimizes a dynamically regularized loss that combines the vanilla loss and a dynamical regularization induced by the decoupled weight decay. Interestingly, this dynamical regularization differs from the commonly used ℓ_2 -regularization, and thus yields the different behaviors between AdamW and ℓ_2 -Adam. For convergence speed, on general nonconvex problems, AdamW finds an ϵ -accurate first-order stationary point within stochastic gradient complexity $\mathcal{O}(c_\infty^{2.5} \epsilon^{-4})$ when using constant learning rate and $\mathcal{O}(c_\infty^{1.25} \epsilon^{-4} \log(\frac{1}{\epsilon}))$ with decaying learning rate, where c_∞ is the ℓ_∞ -norm upper bound of stochastic gradient. When ignoring logarithm terms, both complexities match the lower complexity bound $\mathcal{O}(\epsilon^{-4})$ in [15]. These complexities are applicable to Adam and ℓ_2 -Adam, and improve their previously known complexities $\mathcal{O}(c_\infty \sqrt{d} \epsilon^{-4})$ and $\mathcal{O}(c_\infty \sqrt{d} \epsilon^{-4} \log(\frac{1}{\epsilon}))$ when respectively using constant and decaying learning rate [16], [17], [18], as c_∞ is often much smaller than the network parameter dimension d . On PL-conditioned nonconvex problems, our established complexity of AdamW also enjoys similar advantages.

Next, we theoretically show the benefits of the decoupled weight decay in AdamW to the generalization performance from the Bayesian

posterior aspect. Specifically, we show that a proper decoupled weight decay $\lambda_k > 0$ helps AdamW achieve smaller generalization error, indicating the superiority of AdamW over vanilla Adam that corresponds to $\lambda_k = 0$. We further analyze ℓ_2 -regularized Adam, and observe that AdamW often enjoys smaller generalization error bound than ℓ_2 -regularized Adam. To our best knowledge, this work is the first one that explicitly shows the superiority of AdamW over Adam and its ℓ_2 -regularized version.

II. RELATED WORK

Convergence Analysis: Adaptive gradient algorithms, e.g., Adam, have become the default optimizers in deep learning because of their fast convergence speed. Accordingly, many works investigate their convergence to deepen their understanding. On convex problems, Adam-type algorithms, e.g., Adam and AMSGrad [19], enjoy the regret $\mathcal{O}(\sqrt{T})$ under the online learning setting with training iteration number T . For nonconvex problems, Adam-type algorithms have the stochastic gradient complexity $\mathcal{O}(c_\infty \sqrt{d} \epsilon^{-4})$ to find an ϵ -accurate stationary point [18], [20]. RMSProp and Padam [17] are proved to have the complexity $\mathcal{O}(\sqrt{c_\infty d} \epsilon^{-4})$ [16], and Adabelief [21] has $\mathcal{O}(c_2^6 \epsilon^{-4})$ complexity, where c_2 is the ℓ_2 -norm upper bound of stochastic gradient. But the convergence behaviors of AdamW remains unclear, though it is the dominant optimizer for vision transformers [12] and CNNs [13].

Generalization Analysis: Most works, e.g., [22], [23], [24], analyze the generalization of an algorithm through studying its stochastic differential equations (SDEs) because of the similar convergence behaviors of an algorithm and its SDE. For instance, by formulating SGD into Brownian- or Lévy-driven SDEs, SGD always provably tends to converge to flat minima and thus enjoys good generalization [9], [24]. Recently, for weight decay, the works [25], [26], [27] intuitively claim that for layers followed by normalizations, e.g., BatchNormalization [28], weight decay increases the effective learning rate by reducing the scale of the network weights, and higher learning rates give larger gradient noise which often acts a stochastic regularizer. But Zhou et al. [29] argued the benefits of weight decay to the layers without normalization, e.g., fully-connected networks, and further empirically found the regularization effects of weight decay to the last fully-connected layer of a network. Unfortunately, none of them explicitly show the generalization benefits of weight decay in AdamW. Here we borrow the aforementioned SDE tool and PAC Bayesian framework [30] to explicitly analyze the generalization effects of decoupled weight decay of AdamW and also its superiority over ℓ_2 -Adam.

III. NOTATION AND PRELIMINARILY

AdamW & ℓ_2 -Adam: We first briefly recall the steps of AdamW, Adam and ℓ_2 -Adam to solve the stochastic nonconvex problem:

$$\min_{\mathbf{x} \in \mathbb{R}^d} F(\mathbf{x}) := \mathbb{E}_{\boldsymbol{\xi} \sim \mathcal{D}} [f(\mathbf{x}, \boldsymbol{\xi})], \quad (1)$$

where loss f is differentiable and nonconvex, sample $\boldsymbol{\xi}$ is drawn from a distribution \mathcal{D} . To solve problem (1), at the k -th iteration, AdamW estimates the current gradient $\nabla F(\mathbf{x}_k)$ as the minibatch gradient $\mathbf{g}_k = \frac{1}{b} \sum_{i=1}^b \nabla f(\mathbf{x}_k; \boldsymbol{\xi}_i)$, and updates the variable \mathbf{x} with three constants $\beta_1 \in [0, 1]$, $\beta_2 \in [0, 1]$ and $\delta > 0$:

$$\begin{aligned} \mathbf{m}_k &= (1 - \beta_1) \mathbf{m}_k + \beta_1 \mathbf{g}_k, \quad \mathbf{n}_k = (1 - \beta_2) \mathbf{n}_k + \beta_2 \mathbf{g}_k^2, \\ \mathbf{x}_{k+1} &= \mathbf{x}_k - \eta \mathbf{m}_k / \sqrt{\mathbf{n}_k + \delta} - \eta \lambda_k \mathbf{x}_k, \end{aligned} \quad (2)$$

where $\mathbf{m}_0 = \mathbf{g}_0$, $\mathbf{n}_0 = \mathbf{g}_0^2$, and all operations (e.g., product, division) involved vectors are element-wise. Here we allow λ_k to evolve along iteration number k , as in practice, an evolving λ_k often shows better performance than a fixed one [4], [31], [32], [33]. See detailed AdamW

in Algorithm 1 of Appendix B, available online. AdamW differs from vanilla Adam in the third step of (2). Specifically, AdamW decouples weight decay from the optimization steps, as weight decay is always $-\eta \lambda_k \mathbf{x}_k$ no matter what the loss and optimization step are. But ℓ_2 -Adam adds a conventional weight decay $\lambda_k \mathbf{x}_k$ into the gradient estimation $\mathbf{g}_k = \frac{1}{b} \sum_{i=1}^b \nabla f(\mathbf{x}_k; \boldsymbol{\xi}_i) + \lambda_k \mathbf{x}_k$, then updates \mathbf{m}_k and \mathbf{n}_k in (2), and $\mathbf{x}_{k+1} = \mathbf{x}_k - \eta \mathbf{m}_k / \sqrt{\mathbf{n}_k + \delta}$. The decoupled weight decay in AdamW often achieves better generalization than ℓ_2 -Adam on many networks, e.g., [12], [14].

Analysis Assumptions: Here we introduce necessary assumptions for analysis, which are commonly used in [1], [8], [19], [34], [35], [36].

Assumption 1 (L -smoothness): The function $f(\cdot, \cdot)$ is L -smooth w.r.t. the parameter, if $\exists L > 0$, for $\forall \mathbf{x}_1, \mathbf{x}_2$ and $\boldsymbol{\xi} \sim \mathcal{D}$, we have

$$\|\nabla f(\mathbf{x}_1, \boldsymbol{\xi}) - \nabla f(\mathbf{x}_2, \boldsymbol{\xi})\|_2 \leq L \|\mathbf{x}_1 - \mathbf{x}_2\|_2.$$

Assumption 2 (Gradient assumption): The gradient estimation \mathbf{g}_k is unbiased, and its magnitude and variance are bounded:

$$\mathbb{E}[\mathbf{g}_k] = \nabla F(\mathbf{x}_k), \quad \|\mathbf{g}_k\|_\infty \leq c_\infty, \quad \mathbb{E}[\|\nabla F(\mathbf{x}_k) - \mathbf{g}_k\|_2^2] \leq \sigma^2.$$

When a nonconvex problem satisfies Assumptions 1 and 2, the lower bound of the stochastic gradient complexity (a.k.a. IFO complexity) to find an ϵ -accurate first-order stationary point is $\Omega(\epsilon^{-4})$ [15]. Next, we introduce Polyak-Łojasiewicz (PŁ) condition which is widely used in deep network analysis, since as observed or proved in [37], [38], [39], [40], deep neural networks often satisfy PŁ condition at least around a local minimum.

Assumption 3 (PŁ Condition): Let $\mathbf{x}_* \in \arg\min_{\mathbf{x}} F(\mathbf{x})$. We say a function $F(\mathbf{x})$ satisfies μ -PŁ condition if it satisfies $2\mu(F(\mathbf{x}) - F(\mathbf{x}_*)) \leq \|\nabla F(\mathbf{x})\|_2^2$ ($\forall \mathbf{x}$), where μ is a universal constant.

IV. CONVERGENCE ANALYSIS

Here we first use a specific least square problem to compare the convergence behavior of AdamW and ℓ_2 -Adam. Next, we study the convergence of AdamW on general nonconvex problems and show its performance improvement on PŁ-conditioned problems.

A. Results on Specific Least Square Problems

Here we first use a specific least square problem (3) to analyze the different convergence performance of AdamW and ℓ_2 -Adam:

$$\min_{\mathbf{x} \in \mathbb{R}} F(\mathbf{x}) := \mathbb{E}_{\boldsymbol{\xi} \sim \mathcal{N}(0, 1)} \frac{1}{2} \|a\mathbf{x} - \boldsymbol{\xi}\|_2^2, \quad (3)$$

where $a \neq 0$ is a constant. Then we state our main results in Theorem 1 whose proof can be found in Appendix G.1, available online.

Theorem 1: Suppose that stochastic gradient \mathbf{g}_k is unbiased, $\mathbb{E}[\|\mathbf{g}_k\|_2] \leq \tau$, and $\mathbb{E}\|\mathbf{x}_0 - \mathbf{x}_*\|_2 \leq \Delta$. Then with learning rate $\eta_k = \mathcal{O}(\frac{1}{k})$ and $\lambda_k = \lambda = \mathcal{O}(\sqrt{k})$, the sequence $\{\mathbf{x}_k\}$ generated by AdamW obeys:

$$\mathbb{E}[\|\mathbf{x}_k - \mathbf{x}_*\|_2] \leq \left(1 - 1/\sqrt{k}\right)^{\frac{3-k}{2}} \Lambda + \frac{\tau}{k^{\frac{1}{2} + \alpha}},$$

where $\alpha > 0$, $\Lambda = \eta_0 + \Delta$. With learning rate $\eta_k = \mathcal{O}(\frac{1}{\sqrt{k}})$ and $\lambda_k = \lambda = \mathcal{O}(\sqrt{k})$, the sequence $\{\mathbf{x}_k\}$ generated by ℓ_2 -Adam obeys:

$$\mathbb{E}[\|\mathbf{x}_k - \mathbf{x}_*\|_2] \leq \left(1 - 1/\sqrt{k}\right)^{\frac{k}{2}} \Lambda + \frac{2\tau}{k^{\frac{1}{2}}}.$$

Theorem 1 shows that AdamW enjoys a faster convergence speed than ℓ_2 -Adam on the least square problem in (3). Specifically, the first convergence term $(1 - 1/\sqrt{k})^{\frac{3-k}{2}} \Lambda$ in AdamW converges much faster than the corresponding term $(1 - 1/\sqrt{k})^{\frac{k}{2}} \Lambda$ in ℓ_2 -Adam. For

182 the second term $\frac{\tau}{k^{\frac{1}{2}+\alpha}}$ in AdamW, it improves the corresponding term
 183 in ℓ_2 -Adam by a factor of $2^{\sim k^\alpha}$ ($\alpha > 0$). This comparison shows the
 184 superiority of AdamW over ℓ_2 -Adam, and thus partially explains their
 185 different convergence behaviors.

186 B. Results on Nonconvex Problems

187 Now we move on to the general and also PL conditioned nonconvex
 188 problems. We first define a dynamic surrogate function $F_k(\mathbf{x})$ at the
 189 k -th iteration which is indeed the combination of the vanilla loss $F(\mathbf{x})$
 190 in Eq. (1) and a dynamic regularization $\frac{\lambda_k}{2}\|\mathbf{x}\|_{\mathbf{v}_k}^2$:

$$F_k(\mathbf{x}) = F(\mathbf{x}) + \frac{\lambda_k}{2}\|\mathbf{x}\|_{\mathbf{v}_k}^2 = \mathbb{E}_\zeta[f(\boldsymbol{\theta}; \zeta)] + \frac{\lambda_k}{2}\|\mathbf{x}\|_{\mathbf{v}_k}^2, \quad (4)$$

191 where $\mathbf{v}_k = \sqrt{\mathbf{n}_k + \delta}$ and $\|\mathbf{x}\|_{\mathbf{v}_k} = \sqrt{\langle \mathbf{x}, \mathbf{v}_k \odot \mathbf{x} \rangle}$ with element-wise
 192 product \odot . To minimize (4), one can approximate vanilla loss $F(\mathbf{x})$ by
 193 its Taylor expansion, and compute \mathbf{x}_{k+1} :

$$\begin{aligned} \mathbf{x}_{k+1} &\approx \operatorname{argmin}_{\mathbf{x}} F(\mathbf{x}_k) + \langle \nabla F(\mathbf{x}_k), \mathbf{x} - \mathbf{x}_k \rangle + \frac{1}{2\eta}\|\mathbf{x} - \mathbf{x}_k\|_{\mathbf{v}_k}^2 \\ &\quad + \frac{\lambda_k}{2}\|\mathbf{x}\|_{\mathbf{v}_k}^2 = \frac{1}{1 + \lambda_k\eta}(\mathbf{x}_k - \eta\nabla F(\mathbf{x}_k)/\mathbf{v}_k). \end{aligned}$$

194 Then considering η is very small in practice, one can approximate
 195 $\frac{1}{1 + \lambda_k\eta} \approx 1 - \lambda_k\eta$, and the factor $\lambda_k\eta^2$ for the term $F(\mathbf{x}_k)/\mathbf{v}_k$ is too
 196 small and can be ignored compared with η . Finally, in stochastic
 197 setting, one can use the gradient estimation \mathbf{m}_k to estimate full gradient
 198 $\nabla F(\mathbf{x}_k)$, and thus achieves $\mathbf{x}_{k+1} = (1 - \lambda_k\eta)\mathbf{x}_k - \eta\mathbf{m}_k/\mathbf{v}_k$ which
 199 accords with the update (2) of AdamW. From this process, one can
 200 also observe that the dynamic regularizer $\frac{\lambda_k}{2}\|\mathbf{x}\|_{\mathbf{v}_k}^2$ is induced by the
 201 decoupled weight decay $-\lambda_k\eta\mathbf{x}_k$ in AdamW. In the following, we
 202 will show that AdamW indeed minimizes the dynamic function $F_k(\mathbf{x})$
 203 instead of the vanilla loss $F(\mathbf{x})$.

204 C. Results on General Nonconvex Problems

205 Following many works which analyze adaptive gradient algo-
 206 rithms [16], [18], [21], [41], [42], we first provide the convergence
 207 results of AdamW by using a constant learning rate η .

208 *Theorem 2:* Suppose that Assumptions 1 and 2 hold. Let
 209 $\mathbf{x}_* \in \operatorname{argmin}_{\mathbf{x}} F(\mathbf{x})$, $\Delta = F(\mathbf{x}_0) - F(\mathbf{x}_*)$, $\eta \leq \frac{\delta^{1.25}b\epsilon^2}{6(c_\infty^2 + \delta)^{0.75}\sigma^2 L}$, $\beta_1 \leq$
 210 $\frac{\delta^{0.5}b\epsilon^2}{3(c_\infty^2 + \delta)^{0.5}\sigma^2}$ and $\beta_2 \in (0, 1)$ for all iterations, and $\lambda_k = \lambda(1 - \frac{\beta_2 c_\infty^2}{\delta})^k$
 211 with a constant λ . After $T = \mathcal{O}(\max(\frac{c_\infty^2 L \Delta \sigma^2}{\delta^{1.25} b \epsilon^4}, \frac{c_\infty^2 \sigma^4}{\delta b^2 \epsilon^4}))$ iterations, the
 212 sequence $\{\mathbf{x}_k\}_{k=0}^T$ of AdamW in (2) obeys

$$\begin{aligned} \frac{1}{T} \sum_{k=0}^{T-1} \mathbb{E}[\|\nabla F_k(\mathbf{x}_k)\|_2^2] &\leq \epsilon^2, \quad \frac{1}{T} \sum_{k=0}^{T-1} \mathbb{E}[\|\mathbf{x}_k - \mathbf{x}_{k+1}\|_{\mathbf{v}_k}^2] \leq \frac{\eta^2 \epsilon^2}{4}, \\ \frac{1}{T} \sum_{k=0}^{T-1} \mathbb{E}[\|\mathbf{m}_k - \nabla F(\mathbf{x}_k)\|_2^2] &\leq 8\epsilon^2. \end{aligned} \quad (5)$$

213 Moreover, the total stochastic gradient complexity to achieve (5) is
 214 $\mathcal{O}(\max(\frac{c_\infty^2 L \Delta \sigma^2}{\delta^{1.25} b \epsilon^4}, \frac{c_\infty^2 \sigma^4}{\delta b^2 \epsilon^4}))$.

215 See its proof in Appendix G.2, available online. Theorem 2
 216 shows the convergence of AdamW on the nonconvex problems.
 217 Within $T = \mathcal{O}(\max(\frac{c_\infty^2 L \Delta \sigma^2}{\delta^{1.25} b \epsilon^4}, \frac{c_\infty^2 \sigma^4}{\delta b^2 \epsilon^4}))$ iterations, the average gradient
 218 $\frac{1}{T} \sum_{k=0}^{T-1} \mathbb{E}[\|\nabla F_k(\mathbf{x}_k)\|_2^2]$ is smaller than ϵ^2 , indicating the conver-
 219 gence of AdamW. Now we show small $\|\nabla F_k(\mathbf{x}_k)\|_2$ guarantees small

$\|\nabla F(\mathbf{x}_k)\|_2$ in Corollary 1 with proof in Appendix G.3, available
 220 online.

221 *Corollary 1:* Assume that $\|\mathbf{v}_k\|_2 \leq \rho' \|\nabla F(\mathbf{x}_k)\|_2$ with a con-
 222 stant $\rho' > 0$, and $1 > \lambda_k \rho' \|\mathbf{x}_k\|_\infty$. We have $\|\nabla F(\mathbf{x}_k)\|_2 \leq$
 223 $\frac{1}{1 - \lambda_k \rho' \|\mathbf{x}_k\|_\infty} \|\nabla F_k(\mathbf{x}_k)\|_2$.

224 The assumptions in Corollary 1 are mild. As \mathbf{n}_k is the moving
 225 average of stochastic square version of full gradient $\nabla F(\mathbf{x}_k)$, one
 226 can assume $\|\mathbf{n}_k\|_2 \leq \rho \|\nabla F(\mathbf{x}_k)\|_2^2$, especially for the late training
 227 phase where \mathbf{x}_k is updated very slowly. Indeed, this assumption is
 228 validated in Adam analysis works, e.g., [9]. Specifically, since δ is
 229 extremely small in $\mathbf{v}_k = \sqrt{\mathbf{n}_k + \delta}$, one can find a constant $\rho' \approx \rho$ so that
 230 $\|\mathbf{v}_k\|_2 \leq \|\nabla F(\mathbf{x}_k)\|_2$. For assumption $1 > \lambda_k \rho' \|\mathbf{x}_k\|_\infty$, it is mild, since
 231 a) λ_k is often very small in practice, e.g., 10^{-4} , and b) the magnitude
 232 $\|\mathbf{x}_k\|_\infty$ of network parameter is not large as observed and proved
 233 in [43] because of the auto-adaptive tradeoff among the parameter
 234 magnitude at different layers. Also, we empirically find $\|\mathbf{x}_k\|_\infty \approx 8.0$
 235 in the well-trained ViT-small across different training epoch numbers.
 236 Indeed, for ρ' , Zhou et al. [9] empirically finds it around 1.0 on CNNs
 237 (see their Fig. 2).
 238

239 The second inequality in (5) guarantees the small distance between
 240 two neighboring solutions \mathbf{x}_k and \mathbf{x}_{k+1} , also showing the good conver-
 241 gence behaviors of AdamW. The last inequality in Eq. (5) reveals that
 242 the exponential moving average (EMA) \mathbf{m}_k of all historical stochastic
 243 gradient is close to the full gradient $\nabla F(\mathbf{x}_k)$ and explains the success
 244 of EMA gradient estimation.

245 Besides, in Theorem 2, to find an ϵ -accurate first-order station-
 246 ary point (ϵ -ASP), the stochastic gradient complexity of AdamW is
 247 $\mathcal{O}(c_\infty^{2.5} \epsilon^{-4})$ which matches the lower bound $\Omega(\epsilon^{-4})$ in [15] (up to
 248 constant factors). Moreover, AdamW enjoys lower complexity than Ad-
 249 abelief [21] of $\mathcal{O}(c_2^6 \epsilon^{-4})$ and LAMB [44] of $\mathcal{O}(c_2 \sqrt{d} \epsilon^{-4})$, especially
 250 on over-parameterized networks, where c_2 upper bounds the ℓ_2 -norm
 251 of stochastic gradient. This is because for the d -dimensional gradient,
 252 its ℓ_∞ -norm c_∞ is often much smaller than its ℓ_2 -norm c_2 , and can be
 253 $\sqrt{d} \times$ smaller for the best case. Appendix D, available online, discusses
 254 the proof technique differences among ours and the above works. One
 255 can extend the results in Theorem 2 to ℓ_2 -Adam. See the proof of
 256 Corollary 2 in Appendix G.4, available online.

257 *Corollary 2:* With the same parameter settings in Theorem 2, to
 258 achieve (5), the total stochastic gradient complexity of Adam and ℓ_2 -
 259 Adam is $\mathcal{O}(\max(\frac{c_\infty^2 L \Delta \sigma^2}{\delta^{1.25} b \epsilon^4}, \frac{c_\infty^2 \sigma^4}{\delta b^2 \epsilon^4}))$.

260 Corollary 2 shows that the complexity of Adam and ℓ_2 -Adam is
 261 $\mathcal{O}(c_\infty^{2.5} \epsilon^{-4})$, and is superior than the previously known complexity
 262 $\mathcal{O}(c_\infty \sqrt{d} \epsilon^{-4})$ of Adam-type optimizers analyzed in [16], [17], [18],
 263 e.g., (ℓ_2 -)Adam, AdaGrad [34], AdaBound [8]. Though sharing the
 264 same complexity with Adam and ℓ_2 -Adam, AdamW separates the
 265 ℓ_2 -regularizer with the loss objective via the decoupled weight decay
 266 whose generalization benefits have been validated empirically in many
 267 works, e.g., [12], and theoretically in our Section V.

268 Now we investigate the convergence performance of AdamW when
 269 using a decayed learning rate η_k . Compared with the constant learning
 270 rate, this decay strategy is more widely used in practice, but is rarely
 271 investigated in other optimization analysis (e.g., [16], [21], [44]) except
 272 for [18]. Theorem 2 states our main results.

273 *Theorem 3:* Suppose that Assumptions 1 and 2 hold. Let
 274 $\eta_k = \frac{\gamma \delta^{0.75}}{2(c_\infty^2 + \delta)^{0.25} L \sqrt{k+1}}$, $\beta_{1-k} = \frac{\gamma}{\sqrt{k+1}}$, $\beta_{2-k} = \beta_2 \in (0, 1)$ with $\gamma =$
 275 $\max(1, \frac{c_\infty^2 L \Delta \sigma^2}{\delta^{0.125} \sigma})$, and $\lambda_k = \lambda(1 - \frac{\beta_2 c_\infty^2}{\delta})^k$ with a constant λ
 276 for the k -th training iteration. To achieve the results in (5) with η
 277 replaced by η_1 , the stochastic gradient complexity of AdamW in (2) is
 278 $\mathcal{O}(\max(\frac{c_\infty^2 L \Delta \sigma^2}{\delta^{0.625} b \epsilon^4} \log(\frac{1}{\epsilon}), \frac{c_\infty \sigma^2}{\delta^{0.5} b \epsilon^4} \log(\frac{1}{\epsilon})))$.

279 See its proof in Appendix G.5, available online. Theorem 3 shows
 280 that with decaying learning rate $\eta_k = \frac{1}{\sqrt{k+1}}$, AdamW converges and

281 shares almost the same results in Theorem 2 where it uses constant
 282 learning rate. To achieve ϵ -ASP, the complexity of AdamW with decay-
 283 ing learning rate is $\mathcal{O}(\max(\frac{c_\infty^{1.25} L^{0.5} \Delta^{0.5} \sigma}{\delta^{0.625} \epsilon^4} \log(\frac{1}{\epsilon}), \frac{c_\infty \sigma^2}{\delta^{0.5} \epsilon^4} \log(\frac{1}{\epsilon})))$
 284 and slightly differs from the one $\mathcal{O}(\max(\frac{c_\infty^{2.5} L \Delta \sigma^2}{\delta^{1.25} \epsilon^4}, \frac{c_\infty^2 \sigma^4}{\delta b \epsilon^4}))$ of AdamW
 285 using constant learning rate. By comparing each complexity term,
 286 decaying learning rate respectively improves the constant one by
 287 factors $\frac{c_\infty^{1.25} L^{0.5} \Delta^{0.5} \sigma}{\delta^{0.625} \epsilon^4} \log^{-1}(\frac{1}{\epsilon})$ and $\frac{c_\infty^2 \sigma^2}{\delta^{0.5} \epsilon^4} \log^{-1}(\frac{1}{\epsilon})$. Consider that
 288 $\frac{c_\infty^{1.25} L^{0.5} \Delta^{0.5} \sigma}{\delta^{0.625} \epsilon^4}$ and $\frac{c_\infty \sigma^2}{\delta^{0.5} \epsilon^4}$ are often large than $\log(\frac{1}{\epsilon})$, as the ℓ_1 -
 289 norm upper bound c_∞ of stochastic gradient is often not small and
 290 δ is very small, e.g., 10^{-4} by default, decaying learning rate is superior
 291 than constant one which accords with the practical observations.
 292 When 1) $\lambda_k = 0$ or 2) the loss $F(\mathbf{x})$ is a ℓ_2 -regularized loss,
 293 Theorem 3 still holds. So the stochastic complexity in Theorem 3
 294 is applicable to ℓ_2 -Adam. Guo et al. [18] proved the complex-
 295 ity $\mathcal{O}(\max(\frac{c_\infty^{2.5} L^2 \sigma^2}{\delta^{2.5} \epsilon^4} \log(\frac{1}{\epsilon}), \frac{c_\infty^2 \sigma^4}{\delta^2 \epsilon^4} \log(\frac{1}{\epsilon})))$ of Adam-type algorithms,
 296 e.g., Adam and ℓ_2 -Adam, with decaying learning rate, which but is
 297 inferior than the complexity in this work, since as aforementioned, δ is
 298 often very small.

299 D. Results on PL-Conditioned Nonconvex Problems

300 In this work, we are also particularly interested in the nonconvex
 301 problems under PL condition, since as observed or proved in [37], [38],
 302 deep learning models often satisfy PL condition at least around a local
 303 minimum. For this special nonconvex problem, we follow [18], and
 304 divide the whole optimization into K stages. Specifically, for constant
 305 learning rate setting, AdamW uses learning rate η_k in the whole k -th
 306 stage; while for decayed learning rate setting, it uses a decayed η_{k_i} for
 307 the k -th stage which satisfies $\eta_{k_i} < \eta_{k_j}$ if $i > j$, where η_{k_i} denotes
 308 the learning rate of the i -th iteration of the k -th stage. Moreover, for
 309 both learning rate settings, at the k -th stage, AdamW is allowed to
 310 run T_k iterations for achieving $\mathbb{E}[F_k(\mathbf{x}_k) - F_k(\mathbf{x}_*)] \leq \epsilon_k$, where $\mathbf{x}_* \in$
 311 $\text{argmin}_{\mathbf{x}} F(\mathbf{x})$, \mathbf{x}_k is the output of the k -stage and $\epsilon_k = \frac{1}{2k} [F_0(\mathbf{x}_0) -$
 312 $F_0(\mathbf{x}_*)]$ denotes the optimization accuracy. See detailed Algorithm 2
 313 in Appendix B, available online. At below, we provide the convergence
 314 results of AdamW under both settings of constant or decayed learning
 315 rate in Theorem 4 with proof in Appendix G.6, available online.

316 *Theorem 4:* Suppose Assumptions 1 and 2 hold, and $\mathbf{x}_* \in$
 317 $\text{argmin}_{\mathbf{x}} F(\mathbf{x})$. Assume the loss $F_k(\mathbf{x}_k)$ in (4) and $F_k(\mathbf{x}_*)$ satisfy
 318 the PL condition in Assumption 3.

319 1) For constant learning rate setting, assume a constant learning rate
 320 $\eta_k \leq \frac{\delta^{1.25} \mu b \epsilon_k}{12(c_\infty^2 + \delta)^{0.75} \sigma^2 L}$, constant $\beta_{1-k} \leq \frac{\delta^{0.5} \mu b \epsilon_k}{6(c_\infty^2 + \delta)^{0.5} \sigma^2}$, $\beta_{2-k} \in (0, 1)$ and
 321 $\lambda_k = \lambda(1 - \frac{\beta_{2-k} c_\infty^2}{\delta})^k$ at the k -th stage. We have:

322 1.1) For the k -th stage, AdamW runs at most $T_k =$
 323 $\mathcal{O}(\max(\frac{c_\infty^{2.5} L \sigma^2}{\mu^2 \delta^{1.25} b \epsilon_k}, \frac{c_\infty^2 \sigma^2}{\mu \delta b \epsilon_k}))$ iterations to achieve $\mathbb{E}[F_k(\mathbf{x}_k)$
 324 $- F_k(\mathbf{x}_*)] \leq \epsilon_k$, where the output \mathbf{x}_k is uniformly randomly
 325 selected from the sequence $\{\mathbf{x}_{k_i}\}_{i=1}^{T_k}$ at the k -th stage.

326 1.2) For K stages, the total stochastic complexity is
 327 $\mathcal{O}(\max(\frac{c_\infty^{2.5} L \sigma^2}{\mu^2 \delta^{1.25} \epsilon}, \frac{c_\infty^2 \sigma^2}{\mu \delta \epsilon}))$ to achieve

$$\min_{1 \leq k \leq K} \mathbb{E}[F_k(\mathbf{x}_k) - F_k(\mathbf{x}_*)] \leq \epsilon. \quad (6)$$

328 2) For decaying learning rate setting, let $\eta_{k_i} \leq \frac{\gamma \delta^{0.75}}{2(c_\infty^2 + \delta)^{0.25} L \sqrt{i+1}}$,
 329 $\beta_{1k_i} \leq \frac{\gamma}{\sqrt{i+1}}$, $\beta_{2k_i} = \beta_{2-k} \in (0, 1)$, $\lambda_{k_i} = \lambda(1 - \frac{\beta_{2-k} c_\infty^2}{\delta})^i$ at the i -th iteration
 330 of the k -th stage with $\gamma = \max(1, \frac{(c_\infty^2 + \delta)^{0.125} L^{0.5} b^{0.5} \epsilon_k^{0.5}}{\delta^{0.125} \sigma})$.

2.1) For the k -th stage, AdamW runs at most $T_k = \mathcal{O}(\frac{c_\infty^{2.5} L \sigma^2}{\mu^2 \delta^{1.25} b \epsilon})$ 331
 iterations to achieve $\mathbb{E}[F_k(\mathbf{x}_k) - F_k(\mathbf{x}_*)] \leq \epsilon_k$, where the output 332
 \mathbf{x}_k is randomly selected from the sequence $\{\mathbf{x}_{k_i}\}_{i=1}^{T_k}$ at 333
 the k -th stage according to the distribution $\{\frac{\eta_{k_i}}{\sum_{j=1}^{T_k} \eta_{k_j}}\}_{i=1}^{T_k}$. 334

2.2) The total complexity is $\mathcal{O}(\frac{c_\infty^{2.5} L \sigma^2}{\mu^2 \delta^{1.25} \epsilon})$ to achieve (6). 335

Theorem 4 shows that AdamW can converge under both constant and 336
 decaying learning rate settings. Moreover, by comparison, to achieve 337
 ϵ -ASP in (6), the decaying learning rate has the total complexity 338
 $\mathcal{O}(\frac{c_\infty^{2.5} L \sigma^2}{\mu^2 \delta^{1.25} \epsilon})$, and could be better than the constant learning rate whose 339
 complexity is $\mathcal{O}(\max(\frac{c_\infty^{2.5} L \sigma^2}{\mu^2 \delta^{1.25} \epsilon}, \frac{c_\infty^2 \sigma^2}{\mu \delta \epsilon}))$. It should be also noted that the 340
 complexity of AdamW on this special nonconvex problems (i.e. with 341
 PL condition) enjoys lower complexity than the one on the general 342
 nonconvex problems, since PL condition ensures a convexity-alike 343
 landscape of the loss objective and thus can be optimized faster. 344

V. GENERALIZATION ANALYSIS 345

A. Generalization Results 346

Analysis on hypothesis posterior: As shown in the classical 347
 PACBayesian framework [30], [45] there is strong relations between 348
 the generalization error bound and the hypothesis posterior learned 349
 by an algorithm. So we first analyze the hypothesis posterior learned 350
 by AdamW, and then investigate the generalization error of AdamW. 351
 Specifically, following [9], [22], [23], [24], [46], we study the corre- 352
 sponding stochastic differential equations (SDEs) of an algorithm to 353
 investigate its posterior and generalization behaviors because of the 354
 similar convergence behaviors of an algorithm and its SDE. Firstly, the 355
 updating rule of AdamW can be formulated as 356

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \eta \mathbf{Q}_t \nabla F(\mathbf{x}_t) - \eta \lambda \mathbf{x}_t + \eta \mathbf{Q}_t \mathbf{u}_t, \quad (7)$$

where $\mathbf{u}_t = \nabla F(\mathbf{x}_t) - \mathbf{m}_t$ is gradient noise, $\mathbf{Q}_t = \text{diag}(\mathbf{n}_t^{-\frac{1}{2}})$ is 357
 a diagonal matrix. In (7), the small δ in (2) is ignored for convenience 358
 which does not affect our following results. Then following [23], [47], 359
 [48], we assume the gradient noise \mathbf{u}_t obeys Gaussian distribution 360
 $\mathcal{N}(\mathbf{0}, \mathbf{C}_{\mathbf{x}_t})$ because of the Central Limit theory. Accordingly, one can 361
 write the SDE of AdamW as 362

$$d\mathbf{x}_t = -\mathbf{Q}_t \nabla F(\mathbf{x}_t) dt - \lambda \mathbf{x}_t dt + \mathbf{Q}_t (2\Sigma_t)^{\frac{1}{2}} d\zeta_t,$$

where $d\zeta_t \sim \mathcal{N}(0, \mathbf{I} dt)$ and $\Sigma_t = \frac{\eta}{2} \mathbf{C}_{\mathbf{x}_t}$. Here $\mathbf{C}_{\mathbf{x}_t}$ is defined as 363

$$\mathbf{C}_{\mathbf{x}_t} = \frac{1}{b} \left[\frac{1}{n} \sum_{i=1}^n \nabla f(\mathbf{x}_t; \zeta_i) \nabla f(\mathbf{x}_t; \zeta_i)^\top - \nabla F(\mathbf{x}_t) \nabla F(\mathbf{x}_t)^\top \right],$$

where n is the training sample number, and b is minibatch size. For 364
 analysis, we make some necessary assumptions. 365

Assumption 4: a) Assume $\mathbf{C}_{\mathbf{x}_t}$ can approximate the Fisher matrix 366
 $\mathbf{F}_{\mathbf{x}_t} = \frac{1}{n} \sum_{i=1}^n \nabla f(\mathbf{x}_t; \zeta_i) \nabla f(\mathbf{x}_t; \zeta_i)^\top$, i.e., $\mathbf{C}_{\mathbf{x}_t} \approx \mathbf{F}_{\mathbf{x}_t}$. b) Assume 367
 $\mathbf{F}_{\mathbf{x}_t}$ can approximate the Hessian matrix $\mathbf{H}_{\mathbf{x}_t}$ near a minimum, 368
 i.e., $\mathbf{F}_{\mathbf{x}_t} \approx \mathbf{H}_{\mathbf{x}_t}$. c) Suppose $\mathbf{n}'_{t+1} = (1 - \beta_2) \mathbf{n}'_t + \beta_2 g_t g_t^\top$ (virtual 369
 sequence) with $\mathbf{n}'_0 = \mathbf{g}_0 \mathbf{g}_0^\top$ is a good estimation to $\mathbf{F}_{\mathbf{x}_t}$, i.e., $\mathbf{n}'_{t+1} \approx$ 370
 $\mathbf{F}_{\mathbf{x}_t}$. 371

Assumption 4 is widely used. Specifically, we follow [23], [47], [48], 372
 and approximate $\mathbf{C}_{\mathbf{x}_t} \approx \mathbf{F}_{\mathbf{x}_t}$, since we analyze the local convergence 373
 around an optimum, leading to 1) $\nabla F(\mathbf{x}_t) \approx 0$ and 2) a dominated 374
 variance of gradient noise. Assumption 4 b) is used in [24], [49] for 375
 analysis, and holds when \mathbf{x}_t is around a minimum. Since most works 376
 analyze the generalization performance of an algorithm around a local 377
 minimum, e.g., [9], [23], [24], [46], [47], [47], [48], [50], Assumption 4 378
 b) holds in their setting and thus is mild. For Assumption 4 c), Staib 379

et al. [51] proved that the matrix-based second-order moment \mathbf{n}'_t is a good estimation to the Fisher matrix $\mathbf{F}_{\mathbf{x}_t}$ after running a certain iteration number. Please refer to the theoretical details of Assumption 4 in Appendix E, available online. Then we can derive the hypothesis posterior learnt by AdamW.

Lemma 5: Assume the loss can be approximated by a second-order Taylor approximation, i.e., $F(\mathbf{x}) \approx F(\mathbf{x}^*) + \frac{1}{2}(\mathbf{x} - \mathbf{x}^*)^\top \mathbf{H}_*(\mathbf{x} - \mathbf{x}^*)$ where \mathbf{H}_* is systemic. With Assumption 4, the solution \mathbf{x}_t of AdamW obeys a Gaussian distribution $\mathcal{N}(\mathbf{x}_*, \mathbf{M}_{\text{AdamW}})$ where the covariance matrix $\mathbf{M}_{\text{AdamW}} = \mathbb{E}[\mathbf{x}_t \mathbf{x}_t^\top]$ is defined as

$$\mathbf{M}_{\text{AdamW}} = \frac{\eta}{2b} (\mathbf{Q}\mathbf{H}_* + \lambda\mathbf{I})^{-1} \mathbf{Q}\mathbf{H}_*\mathbf{Q},$$

where $\mathbf{Q} = \text{diag}[\mathbf{H}_{*(11)}^{-\frac{1}{2}}, \mathbf{H}_{*(22)}^{-\frac{1}{2}}, \dots, \mathbf{H}_{*(dd)}^{-\frac{1}{2}}]$ is diagonal matrix.

See its proof in Appendix H.1, available online. Lemma 5 tells that AdamW can converge to a solution which concentrates around the minimum \mathbf{x}_* . This also guarantees the good convergence behaviors of AdamW but from an SDE aspect. From the covariance matrix $\mathbf{M}_{\text{AdamW}}$, one can see that all singular values of $\mathbf{M}_{\text{AdamW}}$ become smaller when increases and is large enough to ensure $\mathbf{Q}\mathbf{H}_* + \lambda\mathbf{I} \succeq \mathbf{0}$. This indicates that proper weight decay in AdamW can stabilize the algorithm, and benefits its convergence to the minimizer \mathbf{x}^* .

Generalization analysis: Based on the above posterior analysis, we employ the PAC Bayesian framework [30] to explicitly analyze the generalization performance of AdamW. Given an algorithm \mathcal{A} and a training dataset \mathcal{D}_{tr} whose samples ξ are drawn from an unknown distribution \mathcal{D} , one often trains a model to obtain a posterior hypothesis \mathbf{x} drawn from a hypothesis distribution $\mathcal{P} \sim \mathcal{N}(\mathbf{x}_*, \mathbf{M}_{\text{AdamW}})$ in Lemma 5. Then we denote the expected risk w.r.t. the hypothesis distribution \mathcal{P} as $\mathbb{E}_{\xi \sim \mathcal{D}, \mathbf{x} \sim \mathcal{P}}[f(\mathbf{x}, \xi)]$ and the empirical risk w.r.t. the distribution \mathcal{P} as $\mathbb{E}_{\xi \in \mathcal{D}_{\text{tr}}, \mathbf{x} \sim \mathcal{P}}[f(\mathbf{x}, \xi)]$. In practice, one often assumes that the prior hypothesis satisfies Gaussian distribution $\mathcal{P}_{\text{pre}} \sim \mathcal{N}(\mathbf{0}, \rho\mathbf{I})$ [13], [50], [52], since we do not know any information on the posterior hypothesis. Based on Lemma 5, we can derive the generalization error bound of AdamW.

Theorem 6: Assume that \mathbf{x}_0 satisfies $\mathcal{P}_{\text{pre}} \sim \mathcal{N}(\mathbf{0}, \rho\mathbf{I})$. Then with at least probability $1 - \tau$ ($\tau \in (0, 1)$), the expected risk for the posterior hypothesis $\mathbf{x} \sim \mathcal{P}$ of AdamW learned on training dataset $\mathcal{D}_{\text{tr}} \sim \mathcal{D}$ with n samples holds

$$\mathbb{E}_{\xi \sim \mathcal{D}, \mathbf{x} \sim \mathcal{P}}[f(\mathbf{x}, \xi)] - \mathbb{E}_{\xi \in \mathcal{D}_{\text{tr}}, \mathbf{x} \sim \mathcal{P}}[f(\mathbf{x}, \xi)] \leq \Phi_{\text{AdamW}},$$

where $\Phi_{\text{AdamW}} = \frac{\sqrt{8}}{\sqrt{n}} (\text{AdamW} + c_0)^{\frac{1}{2}}$ with $\text{AdamW} = -\log \det(\mathbf{M}_{\text{AdamW}}) + \frac{\eta}{2\rho b} \text{Tr}(\mathbf{M}_{\text{AdamW}}) + d \log \frac{2b\rho}{\eta}$, $c_0 = \frac{1}{2\rho} \|\mathbf{x}_*\|^2 - \frac{d}{2} + 2 \ln(\frac{2n}{\tau})$. Here $\det(M)$ and $\text{tr}(M)$ denote the determinant and trace of matrix M respectively.

See its proof in Appendix H.2, available online. Theorem 6 shows that the generalization error of AdamW is upper bounded by $\mathcal{O}(\frac{1}{\sqrt{n}})$ (up to other factors) which matches the error bound in [53], [54], [55], [56] derived from the PAC theory or stability aspects. When λ is large, the first term $-\log \det(\mathbf{M}_{\text{AdamW}})$ in $\mathbf{M}_{\text{AdamW}}$ becomes larger since the singular values of $\mathbf{M}_{\text{AdamW}}$ become small, and leads to small $\det(\mathbf{M}_{\text{AdamW}})$, while the second term $\frac{\eta}{2\rho b} \text{Tr}(\mathbf{M}_{\text{AdamW}})$ is small. But for small λ , the first term $-\log \det(\mathbf{M}_{\text{AdamW}})$ is small, while the second term becomes large. Though it is hard to precisely decide the best λ , from the above discussion, at least we know that tuning λ can yield smaller generalization error, partly explaining the better performance of AdamW over vanilla Adam ($\lambda = 0$).

B. Comparison With ℓ_2 -Regularized Adam

Now we compare AdamW with ℓ_2 -Adam. To diminish the effects of historical gradient to the current optimization and also analyze the effects of current gradient to the behaviors of adaptive algorithms, many works, e.g., [57], [58], set $\beta_1 = 1$ in (2) to focus on concurrent optimization process of adaptive algorithms. Here we follow this setting to investigate ℓ_2 -Adam with updating rule:

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \eta \mathbf{Q}_t (\nabla F(\mathbf{x}_t) + \lambda \mathbf{x}_t) + \eta \mathbf{Q}_t \mathbf{u}_t,$$

where $\mathbf{u}_t = \nabla F(\mathbf{x}_t) - \mathbf{m}_t$ and $\mathbf{Q}_t = \text{diag}(\mathbf{n}_t^{-\frac{1}{2}})$ have the same meanings in (7). Then one can write the SDE of ℓ_2 -Adam:

$$d\mathbf{x}_t = -\mathbf{Q}_t (\nabla F(\mathbf{x}_t) + \lambda \mathbf{x}_t) dt + \mathbf{Q}_t (2\Sigma_t)^{\frac{1}{2}} d\zeta_t,$$

where $d\zeta_t \sim \mathcal{N}(0, \mathbf{I} dt)$, $\Sigma_t = \frac{\eta}{2} \mathbf{C}_{\mathbf{x}_t}$ and $\mathbf{C}_{\mathbf{x}_t}$ is given above.

Theorem 7: Assume \mathbf{x}_0 satisfies $\mathcal{P}_{\text{pre}} \sim \mathcal{N}(\mathbf{0}, \rho\mathbf{I})$. With at least probability $1 - \tau$ and a constant c_0 in Theorem 6, the expected risk for the posterior hypothesis $\mathbf{x} \sim \mathcal{P}_{\ell_2\text{-Adam}}$ of ℓ_2 -Adam learned on training dataset $\mathcal{D}_{\text{tr}} \sim \mathcal{D}$ with n samples can be upper bounded:

$$\mathbb{E}_{\xi \sim \mathcal{D}, \mathbf{x} \sim \mathcal{P}_{\ell_2\text{-Adam}}}[f(\mathbf{x}, \xi)] - \mathbb{E}_{\xi \in \mathcal{D}_{\text{tr}}, \mathbf{x} \sim \mathcal{P}}[f(\mathbf{x}, \xi)] \leq \Phi_{\ell_2\text{-Adam}},$$

where $\Phi_{\ell_2\text{-Adam}} = \frac{\sqrt{8}}{\sqrt{n}} (\ell_2\text{-Adam} + c_0)^{\frac{1}{2}}$ with $\ell_2\text{-Adam} = -\log \det(\mathbf{M}_{\text{AdamW}}) + \frac{\eta}{2\rho b} \text{Tr}(\mathbf{M}_{\ell_2\text{-Adam}}) + d \log \frac{2b\rho}{\eta}$.

See its proof in Appendix H.3, available online. Theorem 7 shows the generalization error bound $\mathcal{O}(\frac{1}{\sqrt{n}})$ of ℓ_2 -Adam. Moreover, when $\lambda = 0$, AdamW and ℓ_2 -Adam are exactly the same, and their error bounds are also the same as shown in Theorems 6 and 7.

Next, we compare the generalization error bounds of AdamW and ℓ_2 -Adam. To this end, we follow the similar spirit in [9] and approximate $\mathbf{Q} \approx \mathbf{H}_*^{-\frac{1}{2}}$ to simplify Φ_{AdamW} and $\Phi_{\ell_2\text{-Adam}}$ in the Corollary 3 whose proof can be found in Appendix H.4, available online.

Corollary 3: Assume $\mathbf{Q} \approx \mathbf{H}_*^{-\frac{1}{2}}$. Then we have

$$\Phi_{\text{AdamW}} \approx \frac{\sqrt{8}}{\sqrt{n}} (\text{err}_{\text{AdamW}} + c_0)^{\frac{1}{2}}, \quad \Phi_{\ell_2\text{-Adam}} \approx \frac{\sqrt{8}}{\sqrt{n}} (\text{err}_{\ell_2\text{-Adam}} + c_0)^{\frac{1}{2}},$$

where $\text{err}_{\text{AdamW}} = \sum_{i=1}^d h(x_{\text{AdamW}}^{(i)})$ with $x_{\text{AdamW}}^{(i)} = 2\eta^{-1}\rho b(\sigma_i^{\frac{1}{2}} + \lambda)$, $\text{err}_{\ell_2\text{-Adam}} = \sum_{i=1}^d h(x_{\ell_2\text{-Adam}}^{(i)})$ with $x_{\ell_2\text{-Adam}}^{(i)} = 2\eta^{-1}\rho b(\sigma_i^{\frac{1}{2}} + \lambda\sigma_i^{-\frac{1}{2}})$. Here $h(x) = \log x + \frac{1}{x}$.

Then we only need to compare the different terms, i.e., $\text{err}_{\text{AdamW}}$ and $\text{err}_{\ell_2\text{-Adam}}$. For $h(x)$, since $h'(x) = \frac{x-1}{x^2}$, $h(x)$ will increase when $x \in (1, +\infty)$. Meanwhile, generally, we have $x_{\ell_2\text{-Adam}}^{(i)} > x_{\text{AdamW}}^{(i)} > 1$ for most $i \in [d]$ due to three reasons. 1) Most of the singular values $\{\sigma_i\}_{i=1}^d$ of Hessian matrix in deep networks are much smaller than one which is well observed in many works, e.g., fully connected networks, AlexNet, VGG and ResNet [49], [59], [60], [61] and our experimental results on ResNet50 and ViT-small in Fig. 1. 2) The learning rate when reaching the minimum is set to be very small in practice. 3) The minibatch size b is often thousand to train a modern network, and the variance ρ for the initialization distribution $\mathcal{P}_{\text{pre}} \sim \mathcal{N}(\mathbf{0}, \rho\mathbf{I})$ is often of the order $\mathcal{O}(1/\sqrt{d_i})$ [62], where d_i is input dimension. These factors indicate $x_{\ell_2\text{-Adam}}^{(i)} > x_{\text{AdamW}}^{(i)} > 1$. So the generalization error term $\text{err}_{\text{AdamW}}$ is smaller than $\text{err}_{\ell_2\text{-Adam}}$, testified by our experimental results on ResNet50 and ViT-small in Section VI. So AdamW often enjoys better generalization performance than ℓ_2 -Adam, also validated in Section VI. Appendix C, available online, intuitively discusses the generalization benefits of coordinate-adaptive regularization in AdamW.

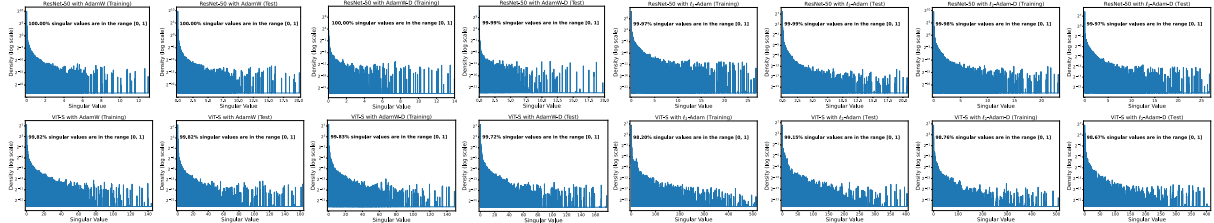


Fig. 1. Visualization of singular values in ResNet50 and ViT-small trained by AdamW (constant weight decay), AdamW-D (decreasing weight decay), ℓ_2 -Adam (constant weight decay) and ℓ_2 -Adam-D (decreasing weight decay). See more visualization results, e.g., ResNet18, in Fig. 7 of Appendix A, available online.

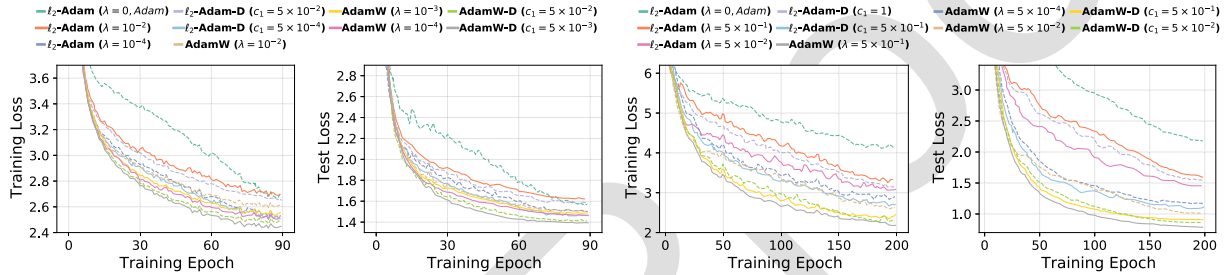


Fig. 2. Training and test curves of ℓ_2 -Adam, ℓ_2 -Adam-D, AdamW and AdamW-D on ImageNet. See more results in Appendix A, available online.

TABLE I

GENERALIZATION OF ADAMW (CONSTANT WEIGHT DECAY), ADAMW-D (DECAYING WEIGHT DECAY), ℓ_2 -ADAM (CONSTANT WEIGHT DECAY) AND ℓ_2 -ADAM-D (DECAYING WEIGHT DECAY) ON IMAGENET. ADAMW/D DENOTES ADAMW/ADAMW-D; ℓ_2 -ADAM/D HAS THE SAME MEANING

model train epoch optimizer	ResNet18		ResNet50		ViT-small		ViT-small		ViT-small	
	90	90	100	100	100	100	200	200	300	300
err in bound	3.43 / 3.40	3.85 / 3.82	3.42 / 3.41	3.78 / 3.77	3.62 / 3.63	3.75 / 3.76	3.58 / 3.57	3.72 / 3.71	3.47 / 3.45	3.70 / 3.69
test acc. (%)	67.9 / 70.1	67.2 / 67.4	77.0 / 77.1	76.5 / 76.4	76.1 / 75.9	75.3 / 75.4	79.2 / 79.3	77.6 / 77.7	79.8 / 80.0	78.5 / 78.6

VI. EXPERIMENTS

Investigation on singular values of Hessian: We respectively use AdamW and ℓ_2 -Adam to train two popular networks on ImageNet [63], i.e. ResNet50 [13] and vision transformer small (ViT-small) [3] for both 100 epochs. Then we adopt the method in [64] to estimate the singular values of these two trained networks. AdamW/ ℓ_2 -Adam uses constant weight decay λ_k , while AdamW-D/ ℓ_2 -Adam-D adopts exponentially-decaying weight decay $\lambda_k = c_1 \cdot \lambda^k$ with two constants $c_1 > 0$ and $\lambda \in (0, 1)$. Fig. 1 plots the spectral density of these singular values on training/test data of ImageNet, and shows that there more than 99% singular values are in the range $[0, 1]$ and are much smaller than one. This accords with the observations on AlexNet, VGG and ResNet in [49], [59], [60], [61]. All these observations support the results in Section V-B.

Investigation on generalization: To compute the key generalization error terms i.e., $\text{err}_{\text{AdamW}}$ and $\text{err}_{\ell_2\text{-Adam}}$ in Theorems 6 and 7, one needs to compute the full Hessian for matrix multiplication that however is prohibitively computable. So we compute their approximations $\text{err}_{\text{AdamW}}$ and $\text{err}_{\ell_2\text{-Adam}}$ in Corollary 3 to compare the generalization error bounds of AdamW and ℓ_2 -Adam. For comprehension, we also compute $\text{err}_{\text{AdamW-D}}$ of AdamW-D and $\text{err}_{\ell_2\text{-Adam-D}}$ of ℓ_2 -Adam-D which respectively share the same formulation with $\text{err}_{\text{AdamW}}$ and $\text{err}_{\ell_2\text{-Adam}}$ but performs computation on the models respectively trained by AdamW-D and ℓ_2 -Adam-D with the above exponentially-decaying weight decay λ_k .

Then we respectively use AdamW, AdamW-D, ℓ_2 -Adam and ℓ_2 -Adam-D to train three models, i.e., ResNet18, ResNet50 and ViT-small, on ImageNet, and well tune their hyper-parameters, e.g., learning rate and weight decay parameter λ_k . Note, ℓ_2 -Adam includes Adam by setting $\lambda_k = 0$. Next, we compute $\text{err}_{\text{AdamW}}$, $\text{err}_{\text{AdamW-D}}$, $\text{err}_{\ell_2\text{-Adam}}$ and $\text{err}_{\ell_2\text{-Adam-D}}$ on the test dataset of ImageNet, as test data can better reveal the generalization ability of an algorithm. Table I shows that on all test cases, $\text{err}_{\text{AdamW}}$ and $\text{err}_{\text{AdamW-D}}$ are smaller than $\text{err}_{\ell_2\text{-Adam}}$ and $\text{err}_{\ell_2\text{-Adam-D}}$ by a remarkable margin. $\text{err}_{\text{AdamW-D}}$ and $\text{err}_{\ell_2\text{-Adam-D}}$ respectively enjoy similar values with their corresponding $\text{err}_{\text{AdamW}}$ and $\text{err}_{\ell_2\text{-Adam}}$. These results empirically support the superior generalization error of AdamW over ℓ_2 -Adam. Moreover, Table I also reveals that 1) AdamW and AdamW-D have higher test accuracy than ℓ_2 -Adam and ℓ_2 -Adam-D; 2) AdamW-D (ℓ_2 -Adam-D) enjoys very similar performance as AdamW (ℓ_2 -Adam). All these results accord with our theoretical results in Section V-B.

Investigation on convergence: We plot the training/test curves of AdamW, AdamW-D, ℓ_2 -Adam and ℓ_2 -Adam-D on ImageNet in Fig. 2. For AdamW-D and ℓ_2 -Adam-D, we fix $\lambda = 0.99999$ and tune c_1 to compute its weight decay λ_k . One can find that on ResNet50 and ViT-small, 1) AdamW and AdamW-D show faster convergence speed than ℓ_2 -Adam (including Adam via $\lambda = 0$) and ℓ_2 -Adam-D when their weight decay parameter are well-tuned, e.g., $\lambda = 5 \times 10^{-1}$ for AdamW and ℓ_2 -Adam, $c_1 = 5 \times 10^{-2}$ for AdamW-D on ViT-small; 2) AdamW and AdamW-D share similar convergence behaviors; 3) weight decay

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parameter greatly affects the convergence speed of the three optimizers. So under the same training cost, the faster convergence of AdamW could also partially explain its better generalization performance over ℓ_2 -Adam.

VII. CONCLUSION

In this work, we first prove the convergence of AdamW using both constant and decaying learning rates on the general nonconvex problems and PE-conditioned problems. Moreover, we find that AdamW provably minimizes a dynamically regularized loss that combines a vanilla loss and a dynamical regularization, and thus its behaviors differ from those in Adam and ℓ_2 -Adam. Besides, for the first time, we quantitatively justify the generalization superiority of AdamW over both Adam and ℓ_2 -Adam. Finally, experimental results validate the implications of our theory.

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